

CATARACT SURGERY

Cataract After Surgery

Start **all three** drops at _____

Week 1 & 2:	All drops (Vigamox, Acular and Pred Forte) four (4) times a day for 2 weeks.
-------------	--

Week 3 & 4:	STOP Vigamox Acular – two (2) times a day for 2 weeks. Pred Forte – two (2) times a day for 2 weeks.
-------------	---

Your eye has a wound that will take time to heal. Do not be concerned if your vision is blurred or if it changes from day to day. Be patient.

1. **DO NOT** rub your eye.
2. You may experience a slight ache in your operated eye or a headache. Tylenol with or without codeine should help relieve this discomfort.
3. You may walk, watch TV, read, knit. No excessive activity.
4. Wear your shield to bed for 1 week.
5. Always **wash your hands** before you use the eye drops.
6. To instill your drops, look up with both eyes, pull the lower lid down gently and instill drop. Close your eyes for one to two minutes after the drop is instilled. Leave 2 minutes between any two drops to avoid washing one out with the next. It does not matter which drop you instill first.
7. You may wish to wear sunglasses in bright sunlight.
8. **DO NOT DRIVE** until you are advised it is permissible.
9. You may shower 24 hours after surgery. Be careful to keep dirty water from running into the operative eye.
10. See Dr. Scanlan in his office _____ at _____

Call your doctor immediately or go to the Emergency Department if:

- **Your eyes become very painful.**
- **You experience a sudden decrease in your vision.**